

Procedures for the correct execution of the venous sampling

Particular attention is requested to follow these procedures to allow our staff to perform the analysis correctly.

Failure to comply with the conditions for patient preparation could affect the results of the analysis.

The nurse carries out a quality check of the samples.

During the venipuncture sampling of blood, if the repetition of the blood draw is necessary (because of clot, low volume, ...), the nurse informs the patient and repeats the blood draw.

The laboratory staff makes the final control on the blood samples, and if the sample is insufficient or inadequate, the patient will be contacted by the laboratory manager to give further information on how to repeat the sampling of the blood.

BLOOD SAMPLING

Fasting from 8 to 12 hours before blood collection is necessary. It is possible to drink water. Do not smoke.

Avoid intense or prolonged exercise for 72 hours before blood collection.

Drugs which need a dosage must be taken only after the blood collection.

The PSA dosage is not recommended if an endoscopic procedure/prostate massage was performed 4 days before the collection of the blood sample.

Avoid taking medicine on the morning of collection, unless otherwise specified by the general practitioner or a family physician.

For therapeutic monitoring of the drugs/medicine, identify an appropriate interval of time for blood draw.